

# WELCOME TO YOUR PATIENT CENTERED MEDICAL HOME

BIENVENIDO iSu Hogar Médico Centrado En El Paciente!







# WELCOME TO SUNSET HEALTH



#### YOUR PATIENT CENTERED MEDICAL HOME!

Sunset Health Center is pleased to announce that our local health clinics have been recognized as a Patient Centered Medical Home. This recognition will help us continue to better the needs of our patients and their families.

The medical home model care is a way of saying the patient is the most important person in the health care system. You are the center of your health care. Evidence-based medicine and clinical support tools guide decision making (PCP's use the latest health care practice to treat patients).

Your Sunset Health Clinic, believes this model enhances positive outcomes. Through this model, working together with their health care team, patients are able to achieve their best quality of life.

#### Mission Statement

Sunset Health is committed to build healthier communities by delivering comprehensive, preventive, and exceptional quality primary care in a compassionate and professional manner.

#### **VISION**

To be the provider of choice and leader in accessible health care.

#### **VALUES**

Provide exceptional quality, affordable primary and preventive health care services, ensuring and environment of:

- Patient Centriciy
- Care Coordination
- Excellence in Service
- · Integrity and Ethics
- Innovation
- Commitment

# TABLE OF CONTENTS

Directory of Services	1-4
Billing and Patient Accounts	5
Appointments	6
Medical and Dental Mobile Clinics	7
Health Visit Tips	8-9
Patient Rights and Responsibilities	10-11
How to Reach Us After Normal Business Hours	12
Access Your Health Online, 24/7	13
Locations and Hours	14
Community Health Worker	15-16
Eligibility Outreach Worker (Outreach and Enrollment)	17
Sliding Fee Discount Program	18
Español	1-18



#### FAMILY MEDICINE

Family health care, including diagnosis and treatment of major and minor illness; management of chronic health conditions; women's wellness; well-child examinations and immunizations; patient education; referral, and follow-up care. The office operates a full service laboratory and pharmacy department for your convenience. Your provider's staff will provide you with the needed orders and direct you to our lab or pharmacy department.

#### GENERAL DENTISTRY

Dental care for the entire family and professional cleaning by our medical staff. Dental services include:

- Routine exams
- Fillings
- CrownsBridges
- Extractions
- Root Canals
- Orthodontics



#### **PHARMACY**

On on site pharmacy means you can have your prescription filed promptly at your doctor's office.



# WOMEN'S HEALTH & OBSTETRIC (ANTEPARTUM CARE WITHOUT DELIVERY)

Sunset Health offers a wide range of primary and gynecologic services to help women maintain their good health. We treat women of all ages, from adolescents and young adults, to older adults and the elderly. One of the best ways for women to develop a foundation for optimal health is to schedule regular visits with their health care provider.

# MEDICAL COVERAGE ENROLLMENT & ELIGIBILITY ASSISTANCE

Our team of professional and trained Eligibility Outreach Workers, Certified Application Counselors and Navigators offer access to medical care coverage, enrollment, and education assistance.



#### **COMMUNITY HEALTH EDUCATION**

Our Community Health Workers, (CHW) assist patients to manage and understand their chronic disease condition, CHW coordinate services with multiple community organizations to help improve the quality of life of individuals and their family.



#### **ADHD Intervention Services**

As parents we expect our children to be actively running around while playing for long hours, distracted, impulsive and speaking a thousand words per minute, but it's important to know and understand the signs that could indicate a special need in your child's overall development. Our dedicated pediatricians and care coordinators at Sunset Health are focused in helping your child obtain the proper medical care and intervention. Our ADHD Intervention Services include: Screenings, Diagnosis, Treatment, Medication Management, Follow-up Visits, Specialty Referrals, Coordination of Care, Education and Awareness.

#### INTERNAL MEDICINE

Sunset medical providers provide comprehensive acute and chronic care (primary care) to adolescents, adults, and the elderly. This includes women's healthcare, depression, and anxiety.



#### **PEDIATRIC MEDICINE**

Our pediatricians provide care to patients from birth to 18 years old of age and treat each child with passionate, inspired care to ensure his or her growth and development into adulthood. Our qualified pediatricians evaluate, diagnose, and treat health conditions in children, dedicate their efforts and resources to the health, safety and wellbeing of infants, children, adolescents and young adults.



#### **BEHAVIORAL HEALTH**

HERO, Helping Empower Residents Overcome barriers to healthy outcomes, is designed to close the gap for patients who suffer from Type 2 Diabetes; Hypertension; High LDL (Cholesterol); Obesity / Not in healthy BMI range; and/or Depression.



# **QUALITY CARE**



Sunset's goal is to deliver the highest quality care possible. We have an exceptional health care team. Our physicians are board certified. Our Family Practitioners and Dentist provide care to children and adults. In addition, all of our employees are highly qualified and experienced, and receive ongoing competency training and annual recertification testing. We are especially proud of the fact that we are the only Community Health Center in Yuma County to have received recognition as a Patient Centered Medical Home. We feel receiving and maintaining this recognition is a significant accomplishment that demonstrates Sunset's success in providing a high standard of care for our patients.

# COMMITED TO HELPING: "BUILD HEALTHIER COMMUNITIES"

# BILLING / PATIENT ACCOUNTS

Sunset is contracted with most insurance plans; any required co- payment should be paid at the time of service. You will never be turned away from treatment if you can't pay at the time of service, but it is your responsibility to understand your insurance coverage (what is and what is not covered). We accept cash, check, Visa and MasterCard cards. A fee of \$25.00 is charged for any non-sufficient funds check return to us by your bank. Account balances should be paid within 30 days from the date of your statement. Outstanding balances over 120 days may be transferred to a collection agency unless payment arrangements have been made with our patient account personnel. If you have any concerns or questions about your bill, or can't pay your bill, please contact our billing department directly at 928-373-6180.

## **APPOINTMENTS**

It is our goal to ensure that your visit(s) with us will be pleasant and we always appreciate hearing how we did in meeting your expectations. We have provided some tips to help you prepare for your visits with Sunset's providers. Before you call or visit, please be sure to write down any question(s) you have regarding your health.

Bring the following with you to all appointments:

- Driver's license & most current Health Insurance Card(s). Without proper identification from you, the insurance may deny the claim and you may be responsible for the charges.
- Medical records (if transferring from another provider).
- All the medications you are currently taking. Remember to include any over the counter medications (aspirin, antiacids, vitamins and herbals). Our staff will update your medications in your Sunset medical record.
- Immunization records to include originals and copies from previous health care providers.
- If you insurance requires referral, please have your approved referral at the time of your visit.

## SAME-DAY APPOINTMENTS

In order to provide you with prompt service with the provider of your choice, it is best to call to make an appointment. If you need to be seen immediately and do not have an appointment, you may be seen as a same day patient with your provider's physician assistance available for that day (based on availability). Please try to call ahead so we can use everyone's time to the best advantage.

## **PAYMENT**

If you have insurance, we will bill your insurance company as a courtesy. Any patient co-payment amount is requested to be paid at the time services are given. We accept cash, check and credit cards (Visa and MasterCard). Sunset is contracted with most insurance plans. If your insurance denies payment, you may be responsible for the remaining unpaid charges. If you think you will have a problem paying your bill, we will be happy to talk with you and arrange a suitable re-payment plan. Ask your receptionist about a convenient payment plan, or see if you qualify for the Sunset Health Sliding Fee Discount Program. No one is ever denied services, regardless of inability to pay.

# MEDICAL AND DENTAL MOBILE CLINICS

As state-of-the-art, full-service clinics-on-wheels, the Mobile Medical Clinic and Mobile Dental Clinic go to wherever they are needed the most. Comprehensive care for the entire family is offered in these unique facilities. Insurance eligibility/enrollment and other support services are also offered. Currently our mobile clinics travel to various locations throughout the community including; Wellton, Dateland, Yuma, Somerton and San Luis. The mobile clinics enables Sunset Health to meet the needs of individuals who may not have transportation or access to medical services. The mobile clinics, we can also deliver community wellness to the doors of local organizations, providing health education and screenings on-site.

#### The Mobile Dental Care includes the following health services:



- Oral Exams
- Cleanings
- X-Rays
- Sealents
- Basic Oral Surgery
- Emergency Treatments
- Medication
  - Referrals

Medical Mobile Clinic: 928.344.4216 ext:1020

Dental Mobile Clinic: 928.627.8806

## HEALTH VISIT TIPS

- 1. Ask Questions: Ask questions and make sure you understand the answer, or bring a relative or friend with you to help you ask questions and understand answers.
- 2. **Medications:** Tell us about any drug allergies you have. Ask about side effects and what to avoid while taking any medicine prescribed for you. Read the label when you get your medicine, including all warning. Make sure your medicine is what the health provider ordered and know how to use it. Make sure to ask the pharmacist about a medication refill that appears different in color, shape or size than the medication you are used to. Our pharmacists are happy to help you with any concerns you have with your medications.



3. Cancellation/Missed Appointments: if you cannot keep your scheduled appointment, it is very important that you call us as soon as possible to reschedule. This will give us an opportunity to offer your appointment time to another patient. Last minute cancellations, or "no-shows" are not easy to fill with a patient seeking care, so as much notice as possible is appreciated.



- 4. **Emergency Drills:** Sunset periodically holds emergency drills. These drills are to ensure that all staff is aware of and follows the appropriate procedures in the event of an actual emergency. During an actual event, our staff's first priority is your safety.
- 5. Labs Results: Most lab results are available within seven (7) working days. Patients with abnormal results are notified by their provider's office. Patients with results within normal limits are not routinely notified. Per Sunset Health protocol, lab personnel are not authorized to give out lab results.



- 6. Lost Items: If you need to report a lost time, please contact the staff in your provider's lobby. All lost items are taken to the front (registration) desk.
- 7. **Mobile Phones:** Use of mobile phones is not permitted in patient care areas. If you must your mobile phone to make or receive a call, please do so in the patient lobby. Parking: Parking is available at all of our offices, including handicap accessible parking. Please do not park in areas designated for staff parking.



8. Smoking: As provider of health care and promoter for the physical well-being of the community, it is Sunset's policy to maintain a smoke-free environment. Per Arizona Revised Statute, smoking is prohibited in health care institutions. In addition, smoking is prohibited within twenty-five (25) feet of any entrance into Sunset buildings.



9. **Firearms/Weapons:** No firearms/weapon of any kind are allowed in Sunset buildings.

# TIPS FOR IMPROVING YOUR MEDICAL APPOINTMENTS

It is important to continue your medical care after your medical consultation.

- If you have questions, contact a medical assistant.
- If your symptoms worsen, or if you have problems with your medicine, contact a medical assistant.
- If you had medical examinations and have not been called with the results, contact a medical assistant.
- If your doctor said you need to have certain tests done, make an appointment with laboratory or other offices in order to get the necessary tests performed.



## **INFORMATION TO TAKE HOME!**

- Ask for written instructions.
- Take notes during your appointment.
- Take brochures or other educational materials. If none are available, ask where to find some.



# PATIENT RIGHTS AND RESPONSIBILITIES



Sunset Health (SH) delivers comprehensive and preventive primary care in a culturally sensitive, compassionate, and professional manner, ultimately improving the health of our patients and the communities we serve. We are committed to providing our patients and their families with a means to not only receive appropriate health care and related services, but also to address any concerns they may have regarding such services.

We encourage all of our patients to be aware of their rights and responsibilities and to take an active role in maintaining and improving their health and strengthening their responsibilities with their relationships with our health care providers.

If you have questions or concerns regarding our "Patients' Bill of Rights and Responsibilities," please contact Zonia Pelroy, Chief Operating Officer, at (928) 581-7115.



# PRIVACY PRACTICES



Please note, protected health information you provide Sunset is protected under HIPAA. It is our priority to protect your information to the highest degree possible. Sunset has policies & procedures in place to protect your health information. The personal information we collect, such as address, birth date, social security number. etc., is required to properly identify you and your health records to our practice and other agencies involved in your healthcare, such as health insurance companies, laboratories, specialty providers, etc. if you do not complete this information or knowingly falsify any portion, Sunset reserves the right to not accept you as a patient and/or discharge you from our practice.



## HOW TO REACH US AFTER NORMAL BUSINESS HOURS

If you have a medical emergency (life or limb threatening), call 911 for immediate help. Outside of a medical emergency, please call any of the Sunset Clinic phone numbers. Your call will be routed to our alter-hours answering service where a live person will take your information and message and contact the provider on call. You will receive a return call from a Sunset provider within thirty (30) minutes.

 SOMERTON
 928.627.2051

 SAN LUIS
 928.627.3822

 WELLTON
 928.785.3256

 YUMA
 928.819.8999

 NORTH YUMA
 928.539.3140





# PATIENT PORTAL Access Your Health Online!

#### SIGN UP NOW FOR THESE BENEFITS!

Sunset Patient Portal is safe, convenient, secure online health management tool that Sunset Health is excited to bring to you. This online tool will allow you to communicate with Sunset medical staff in a unique and effective way.



#### PATIENTS CAN USE SUNSET PATIENT PORTAL TO-

- E-mail health related questions to their provider.
- Request an appointment or referral.
- Request prescription refills.
- View lab results.
- Follow your health 24/7 via laptop, smartphone, or tablet.

#### MEDICAL PERSONNEL USE SUNSET PATIENT PORTAL TO:

- Send patients post-visit clinical summaries and lab results via an attachment.
- Respond to patient messages in between seeing patients to complete tasks more efficiently and avoid "phone tag" with patients.

#### **BEGIN YOUR ENROLLMENT PROCESS:**

- 1. During your doctor visit request a token # to get your "Patient Portal" account started!
- Once you have a token #, Go to: https://www.nextmd.com/Enroll to set up your account.
- 3. Verify your identity and confirm your email address.
- 4. Follow the directions to set up your own personal username and password.



## LOCATIONS AND HOURS

Yuma Clinic:

Pediatric Medicine, Adult Medicine, Family Medicine, Women's Health, Behavioral Health Pharmacy, Community Health Education, Medical Coverage Enrollment and Eligibility Assistance

2060 W. 24th Street Yuma, AZ 85364 (928) 819-8999

Monday 7:00 am - 7:00 pm Tuesday 7:00 am - 7:00 pm Wednesday 7:00 am - 7:00 pm Thursday 7:00 am - 7:00 pm Friday 7:00 am - 6:00 pm

Pediatric Medicine

Mon. thru Fri. 7:30 am - 5:00 pm

Community Health Education Mon. thru Eri. 8:00 am - 5:00 pm

Medical Coverage Enrollment and Eligibility

Mon. thru Fri. 8:00 am - 5:00 pm

Pharmacy

Mon. thru Fri. 8:00 am - 5:00 pm Closed for lunch 12:00 pm - 1:00 pm

Mon. thru Fri. 7:30 am - 4:30 pm

#### SAN LUIS

Pediatric Medicine, Adult Medicine, Behavioral Health, Pharmacy, Community Health Education, Medical Coverage Enrollment and Eligibility Assistance

815 E. Cesar Chavez Blvd. San Luis A7 85349 (928) 627-3822

Monday 7:30 am - 5:00 pm Tuesday 7:30 am - 5:00 pm Wednesday 7:30 am - 5:00 pm Thursday 7:30 am - 5:00 pm Friday 7:30 am - 5:00 pm

Pediatric Medicine

Mon. thru Fri. 8:00am - 5:00 pm

Community Health Education Mon. thru Fri. 8:00 am - 5:00 pm

Medical Coverage Enrollment and Eligibility Assistance

Mon. thru Fri. 8:00 am - 5:00 pm

Pharmacy

Mon. thru Fri. 8:00 am - 5:00 pm Closed for lunch 12:00 pm - 1:00 pm

Laboratory

Mon. thru Fri. 7:30 am - 4:00 pm Closed for lunch 12:30 pm - 1:00 pm

#### SAN LUIS

San Luis Dental:

801 N. 2nd Avenue San Luis AZ 85349 (928) 627-8584

Monday 7:30 am - 5:00 pm Tuesday 7:30 am - 5:00 pm Wednesday 7:30 am - 5:00 pm Thursday 7:30 am - 5:00 pm Friday 7:30 am - 5:00 nm Closed for lunch 12:00 pm - 1:00 pm **NORTH YUMA** 

North Yuma Clinic Building A. Pediatric Medicine, Adult Medicine, Family Medicine, Behavioral Health, Community Health Education, Medical Coverage Enrollment and Eligibility Assistance

675 S. Avenue B Yuma, AZ 85364 (928) 539-3140

Monday 7:00 am - 5:00 pm Tuesday 7:00 am - 5:00 pm Wednesday 7:00 am - 5:00 pm Thursday 7:00 am - 5:00 pm Friday 7:30 am - 5:00 pm

Community Health Education Mon. thru Fri. 8:00 am - 5:00 pm

Medical Coverage Enrollment and Eligibility Assistance

Mon. thru Fri. 8:00 am - 5:00 pm

Laboratory

Mon. thru Fri. 7:30 am - 3:30 pm Closed for lunch 12:30 pm - 1:00 pm

#### SOMERTON

Somerton Clinic:

Pediatric Medicine, Adult Medicine, Family Medicine, Pharmacy, Behavioral Health, Dental, Community Health Education, Medical Coverage **Enrollment and Eligibility Assistance** 

115 N. Somerton Avenue Somerton, AZ 85350 (928) 627-2051

Monday 7:30 am - 5:00 pm Tuesday 7:30 am - 5:00 pm Wednesday 7:30 am - 5:00 pm Thursday 7:30 am - 5:00 pm Friday 7:30 am - 5:00 pm Community Health Education

Mon. thru Fri. 8:00 am - 5:00 pm

Medical Coverage Enrollment and Eligibility Assistance

Mon. thru Fri. 8:00 am - 5:00 pm

Pharmacy

Mon. thru Fri. 8:00 am - 5:00 pm Closed for lunch 12:00 pm - 1:00 pm

Monday 7:30 am - 4:00 pm Closed for lunch 12:30 pm - 1:00 pm

Somerton Dental

Monday 7:30 am - 5:00 pm Tuesday 7:30 am - 5:00 pm Wednesday 7:30 am - 5:00 pm Thursday 7:30 am - 5:00 pm Friday 7:30 am - 5:00 pm Closed for lunch 12:00 pm - 1:00 pm

#### NORTH YUMA

North Yuma Clinic Building B Pharmacy, Dental

675 S. Avenue B Yuma, AZ 85364 (928) 539-3140

Pharmacy

Mon. thru Fri. 8:00 am - 5:00 pm Closed for lunch 12:00 pm - 1:00 pm

North Yuma Dental

Monday 7:30 am - 5:00 pm Tuesday 7:30 am - 5:00 pm Wednesday 7:30 am - 5:00 pm Thursday 7:30 am - 5:00 pm Friday 7:30 am - 5:00 pm Closed for lunch 12:00 pm - 1:00 pm

#### WELLTON

Wellton Clinic

Family Medicine, Behavioral Health, Dental, Pharmacy, Community Health Education, Medical Coverage **Enrollment and Eligibility Assistance** 

10425 William Street

Wellton, AZ 85356 (928) 785-3256

Monday 7:30 am - 5:00 pm Tuesday 7:30 am - 5:00 pm Wednesday 7:30 am - 5:00 pm Thursday 7:30 am - 5:00 pm Friday 7:30 am - 5:00 pm

Community Health Education Mon. thru Fri. 8:00 am - 5:00 pm

Medical Coverage Enrollment and Eligibility Assistance Mon. thru Fri. 8:00 am - 5:00 pm

Wellton Dental

Every other Wednesday 8:00 am - 5:00 pm Closed for lunch 12:00 pm - 1:00 pm

Mon. thru Fri. 8:00 am - 1:00 pm

#### MOBILE MEDICAL SERVICES

(Once a month) Crossroads Mission

Wednesday 9:00 am - 4:00 pm

#### MOBILE DENTAL SERVICES

(Once every two months, based on provider availability)

WELLTON









# HEALTH OUTREACH PROMOTION EDUCATION

Community Health Worker (CHW) is a frontline public health worker who is a trusted member of and/or has an unusually close understanding of the community served. This trusting relationship enables the CHW to serve as a liaison/link/intermediary between health/social services and the community to facilitate access to services and improve the quality and cultural competence of service delivery. A CHW also builds individual and community capacity by increasing health knowledge and self-sufficiency through a range of activities such as outreach, community education, case management, informal counselling, social support and advocacy.

#### THE ROLE OF A SUNSET CHW

- To improve the quality of life of those we serve by providing health education services.
- To assist patients to manage and understand their chronic disease condition.
- To coordinate services with multiple community organizations to help improve he quality
  of life of individuals and their family.
- To raise public awareness on areas most affected by our community.

#### THE GOAL OF A SUNSET CHW

- To fulfill some of the patient's social needs by partnering and working together with multiple community organizations.
- For families to incorporate simple life style changes in their life.
- To assist patients to navigate the health care system.
- To improve the health levels recommended by the medical provider.

#### How can a Sunset CHW HELP YOU AND YOUR FAMILY?

- By providing important educational tools and information about your chronic condition.
- By guiding you on how to better manage and control your chronic disease by making simple lifestyle changes.
- By working closely with your medical provider in your care coordination plan.
- By providing you with information on different community programs and resources that may improve you to assist patients to manage and understand their chronic disease condition.
- To coordinate services with multiple community organizations to help improve he quality of life of individuals and their family.
- To raise public awareness on areas most affected by our community.

#### For Example:

- One on one health education
- Educational group sessions
- Scheduling of a medical appointment
- Medical Coverage Enrollment & Eligibility Assistance
- Transportation Services
- Medication assistance
- Interpretation and translation assistance

#### DIABETES SELF-MANAGEMENT

An educational program designed for diabetics and their family providing important education about diabetes, its symptoms, complications, medication and nutritional habits.

#### CARDIOVASCULAR DISEASE PREVENTION

An educational program designed for parents and their children providing important education about high blood pressure, cholesterol, your weight and the nutrients that affect your health.

#### **HEALTHY NUTRITIONAL CHOICES**

An educational program designed for parents and their children providing relevant education related to good nutrition, physical activity and carbohydrate counts.

#### **SMOKING CESSATION**

The tobacco cessation program is designed to help our patients stop smoking by providing them with all of the essential information and strategies needed to direct their own efforts at stopping. The program focuses on an active sensible approach to quitting smoking through active participation, group and most importantly family support. Participants are encouraged to apply what they learn in during the educational program to other aspects of their lives.

#### GESTATIONAL DIABETES SELF-MANAGEMENT

An educational program designed for expecting mothers who have been diagnosed by helping them understand the disease, facilitating information on ways to cope with symptoms, complications, nutritional habits, and guidance for healthier life style.

#### Hypertension Education

An educational program designed for adults providing information and activities on heart disease and stroke an on the major risk factors for these diseases. It also provides information on risk factors that begin in childhood and the importance of communicating effectively with the health care provider.

#### HEALTH RHYTHMS

An education program that empowers-drumming, which research has proven significant increase the disease fighting activity of circulating white blood cells. The program is all about learning, discovering, enjoying and sharing musical insights that can help everyone improve quality of life. The purpose of the program is to teach key insight and techniques for effectively facilitating drum circles in health and wellness groups.

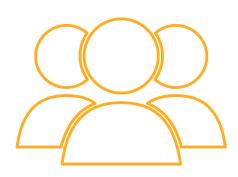
#### STEPS: START TO EMPOWER PERSONAL SELFCARE

The STEPS project seeks to generate different options that allow better results in the identification of risk factors in treatment, with the intention of improving the related areas to the chronic disease management.

16

It integrates a series of personal work strategies and resources throughout 7 sessions, which collaborate in the chronic diseases management, such as: Diabetes, Hypertension, Kidney Problems, Cancer or some cardiovascular disease

# ELIGIBILITY OUTREACH WORKER



#### SNAP (Supplemental Nutrition Assistance Program)

SNAP is a federally-funded program that provides nutrition benefits to millions of eligible, low-income individuals and families so they can purchase healthy food. Individuals receiving SNAP benefits can pay for food with an electronic benefits card (EBT) which looks and works much like a debit card. EBT cards can be used to purchase food at supermarkets, convenience stores, and other locations.

#### AHCCCS (ARIZONA HEALTH CARE COST CONTAINMENT SYSTEM)

The ArizonaHealth Care Cost Containment System (AHCCCS) is Arizona's Medicaid program, a health care program funded by the federal and state governments for individuals and families who qualify based on their income level. The program provides medical insurance coverage for common healthcare needs, such as doctor visits, physical exams, immunizations, hospital care, and prescriptions. Approximately 1.9 million low-income Arizonans are currently covered under AHCCCS.

#### HEALTH INSURANCE MARKETPLACE

This service allows individuals to compare various private health plan options based on affordability, coverage provided, and other important criteria. It's an ideal resource for those who don't receive insurance benefits through their work. Plans cover essential health benefits, pre-existing conditions, and preventive care. Some plans also include dental coverage. In other cases, free-standing dental plans are available.

#### KIDSCARE (ARIZONA'S CHILDREN'S HEALTH INSURANCE PROGRAM)

This program was created to help families who exceed income limits established by AHCCCS but can't afford to pay for their children's health insurance. Under KidsCare, children can receive routine check-ups, immunizations, dental care, and many other services.

To be eligible, children must be under 19 years old, a US citizen or a qualified immigrant and an Arizona resident. Children must be without health insurance coverage for at least 90 days before they can get KidsCare, but here are some exceptions to this rule.

### SUNSET SLIDING FFF DISCOUNT PROGRAM

Sunset Health offers a Medical & Dental Discount Program for individuals and families who qualify based on income and family size. There are no monthly or annual fees. If eligible, you may qualify for up to one year and renew as necessary. Patients will not be denied services regardless of the inability to pay.

- You may qualify for a nominal fee of \$15 for medical, including behavioral health services. Payments range between \$15 and up to \$43 per visit.
- You may qualify for a dental nominal fee of \$20 for Level 1 preventive services, and \$60 for additional Level 2 services. Dental discounts range between 20-50% of the total charges incurred.
- You may qualify for a nominal fee of \$400 for Obstetrics (only antepartum) care without delivery) services. Discount plans range between \$400 and up to \$800.

There is no charge to apply for the Sliding Fee Discount Program. However, it is available only to those who meet the eligibility requirements.

We recommend all patients who meet the requirements to apply for the program, regardless of current insurance coverage, as they may still qualify for discounts on the balance due after insurance.

If you want more information about the Sliding Fee Discount Program, please ask to see our Eligibility Outreach Worker at any location. To qualify an application must be completed.

#### Program cover:

- Internal Medicine
- Family Medicine
- Behavioral Health
- ADHD Intervention Services
- Chronic Disease Self-Management Education
- Pediatrics
- Laboratory
- X-rays (except MRIs and CT Scans)
- Pharmacy
- General Dentistry
- Women's Health
- Obstetrics (only antepartum care without delivery)

#### What does the Medical Sliding Fee Discount What does the Dental Sliding Fee Discount Program cover:

- Oral exams
- Radiographs (X-rays)
- Oral prophylaxis
- Dental Fluoride
- Varnish application
- Sealants
- Extractions
- Restorative fillings
- Crowns
- Periodontal treatment
- Root canal therapy
- Dentures
- Partials
- (If a dental service requires work from an outside lab, patients are responsible for the full cost of the outside lab fees, in addition to the nominal fee).